

## CLAIMS :

1. A communication method between at least two terminals (10A, 10B), and based on the sending from a first terminal (10A) to at least one second terminal (10B) of a multimedia message comprising a programming agent (36), consisting in automatically starting, using the programming agent, the establishment of a phone link between the first terminal (10A) and the at least one second terminal (10B).  
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2. The communication method according to claim 1, characterized in that the phone link consists in the activation, using the programming agent, of the voice channel and the loudspeaker of the second terminal.  
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3. The communication method according to claim 1, characterized in that the phone link between the first and second terminal is a wireless link, such as GSM, or GPRS.  
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4. The communication method according to claim 1, characterized in that the programming agent also automatically starts an audible alarm on the second terminal (10B).  
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5. The communication method according to claim 1, characterized in that the programming agent also automatically starts the display of a video sequence on the second terminal (10B).  
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6. The communication method according claim 1, characterized in that the programming agent also automatically starts, on the second terminal (10B), the forming of a multimedia message comprised of digital data of image, text, sound and encoded data of the programming agent; the multimedia message being intended to be sent automatically to the first terminal (10A).  
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7. The communication method according to claim 6,  
characterized in that the multimedia message sent automatically to the first  
terminal (10A) comprises digital data, for example of image, text, or sound, and  
5 encoded data specific to the programming agent.

8. The communication method according to claim 7,  
characterized in that the digital data, for example of image, text, or sound are  
contextual data specific to user of the second terminal (10B).

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9. The communication method according to claim 8,  
characterized in that the contextual data are collected on a third terminal (15)  
capable of communicating with the second terminal (10B) by a link (14), such as  
Bluetooth or Wifi.

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10. The communication method according to claim 9,  
characterized in that the third terminal is a camera (15) capable of recording a  
video clip.

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11. The communication method according to claim 6,  
characterized in that the multimedia message sent from the second terminal (10B)  
to the first terminal (10A) is automatically displayed on the first terminal (10A).

12. The method according to claim 7, characterized in that the  
25 code data of the programming agent are automatically destroyed when the  
programming agent is deactivated.